

# Parent Code Of Conduct

Cornwall Gymnastics Centre is fully committed to safe-guarding and promoting the well-being of all its members and ensuring that the gym club is a place where everyone can enjoy themselves and reach their full potential.

We have a code of conduct to ensure that all gymnasts, coaches, administrators and parents know what is expected of them in order to ensure the safety and welfare of everyone.

As a parent of a CGC member, you are expected to:

- Always encourage your child to learn the rules and participate within them.
- Ensure that your child arrives 5 minutes before their class ready for a prompt start.
- Ensure that your child brings a bottle of water to their session to stay hydrated - no other drinks are permitted in the gym.
- Ensure that the correct contact details are provided to the club and make us aware of any changes.
- Ensure that the club is informed if your child is experiencing any illness or injury that may prevent them from attending or performing as usual. Any absences should be authorised by email or phone call. Continuous absences without notifying us, may result in your child losing their space on a session.
- Ensure your child has any medication with them at each session e.g. inhaler, EpiPen and ensure that the club is informed of any medical needs well in advance of the child's attendance at the sessions.
- Always set a good example by using appropriate language, recognising good sportsmanship and applauding the good performances of all within the gym.
- Help your child to recognise overall good performance by encouraging effort as well as progress and results.
- Establish good communication with coaches and officials for the benefit of all. CGC coaches and staff are very happy to deal with any feedback, queries or questions at a mutually agreed time outside of training sessions. Any complaints or important concerns should be raised with The Manager (Vanessa) in writing via email to ensure that they can be logged and dealt with professionally and in a timely manner.
- Avoid communication with your child during the session where possible (unless it is an emergency).
- Always bring your child into the facility and collect them from the building at the end of their session.
- Children should not be left in the car park alone or collected from the car park. Parents must notify reception if your child is being collected by someone else and leave an emergency contact.

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- Ensure that your child is seated in the waiting room until their class begins and the coach calls for them to enter.
- Collect your child promptly at the end of a session. If you are delayed for any reason, please contact us on 01208814698.
- Parents are permitted to view the sessions from the waiting/viewing area. When you are viewing a session, you must ensure that any other children accompanying you are supervised and safe, children are expected be quiet and seated in the waiting area. If there are any class disruptions you will politely be asked to leave.
- Remain in the building during sessions if your child requires help to go to the toilet.
- Refrain from taking any photography or videoing within the gym club - this is not permitted at any time for child safeguarding reasons.
- Refrain from entering the gym at any time unless requested by a coach.
- Ensure that children turn up to sessions in clean clothes and with wiped feet and hands to ensure that no equipment is marked or damaged.
- Adhere to the parking guidance in the Welcome Pack to ensure the safety of all children entering and leaving the gym club.
- Ensure that your child is dressed appropriately for their session:
  - Jewellery removed in line with British Gymnastics policies. Gymnasts should tape their ears for the 6-week healing period after piercing and after this removed earrings before sessions begins.
  - Hair needs to be tied back out of the eyes and long hair to be tied in a bun. Grips may be needed to keep hair out of eyes and face.
- Ensure fees are paid by the 1st of the month in advance.
- Ensure that you give 1 months paid notice when leaving the club. Your child is welcome to attend this notice period.

Parents who do not comply with the Code of Conduct will be reminded of the behaviour required by CGC. In certain circumstances, or in the event of repeated infringement of the Code of Conduct, members may be required to leave the Club and there will be no refund of fees paid.



I (Parent/ Carers name) .....  
 agree to the code of conduct and will endeavour to follow the expectations of the club for the safety and wellbeing of the club and (Child's Name).....

Signed ..... Print  
 Name.....

Date .....