



# Health and Safety

Cornwall Gymnastics Centre regards the health, safety and welfare of all members to be of paramount importance. To this end, CGC will work to ensure, so far as is reasonably practicable, that procedures are in place to maintain a safe and healthy environment not only for its members but also for other people who may be affected by the activities of CGC.

This policy document sets out CGC's responsibilities and the minimum standards in line with health and safety law. CGC have a common law duty of care to those who may be affected by their activities and have a responsibility to implement appropriate health and safety policy and arrangements. Gymnastics is a complex sport with inherent risks. CGC will take all reasonable steps to minimise these risks.

CGC endeavours to achieve the highest standards of welfare and requires all members of staff to work with it to achieve these aims.

## **It is club policy that all members/visitors:**

- Park in the designated parking bays in our car park when driving to the venue. Visitors must not park on the road beside Preci Spark or near the barriers by Preci Spark. If the car park is full, we ask that visitors park on the road by Sticky Fingers/Camel Glass and walk carefully down to the gym.
- Wear shoes when walking across the car park to enter or leave the gym.
- Ensure that all children are escorted to and from the premises and are not dropped outside. (Please note that CGC are not responsible for any accidents that happen before entering the facility.)
- Take reasonable care of their own health, safety and welfare and that of other people whom their actions may affect.
- Conduct activities in line with training and British Gymnastics policy and guidance.
- Co-operate with British Gymnastics, and the appropriate Home Country or Regional affiliated organisations and club, on issues relating to health, safety and welfare.
- Ensure that reporting procedures are followed for any accidents or incidents and inform British Gymnastics of any serious allegations or concerns of poor practice.
- Sign and return this policy to show they have read and understood the content and agree that they will abide by the expectations of the club.

Any concerns or issues regarding the health and safety of an individual and their access to and from the property must be immediately reported to the Head Coach or the Welfare Officer.